






## Masking/PPE Information

**Masks** are required in clinical suites and in all public areas of the medical school. Masks must be worn so that your nose and mouth are covered at all times. Wearing the mask under your nose or removing the mask to talk is not acceptable. Removing your mask to eat without being at least 10 feet apart is also not acceptable.



### Which Face Covering is Best?

Choose your mask depending upon where and why it will be needed, as suggested below.

Mask Type	Appropriate Setting		
	Students and Employees in a Health Care Environment	Students and Employees in a Non-Health Care Environment	Hospital/Clinic Patients and Visitors
<b>Cloth Face Covering</b>  A commercially made or homemade two-ply cotton face covering can help people—particularly those unaware they have the virus—from transmitting it to others.	✓	✓	✓
<b>Surgical or Procedure Mask</b>  A loose-fitting, disposable mask that covers the nose and mouth prevents droplets, splashes, sprays, or splatter from being spread by the person wearing one.	✓	✓	✓
<b>Dust Mask</b>  This loose-fitting, disposable mask covers the nose and mouth, preventing droplets from being spread by the person wearing one. Note: A dust mask is not an N95 (below).	✓	✓	✓
<b>Respirators (N95)</b>  These tight-fitting, NIOSH-approved respirators are in limited supply and should be reserved for health care staff. Medical clearance, fit-testing, and training are required, per OSHA regulations.	✓ As clinically indicated		
<b>Valved Mask</b>  <b>DO NOT USE.</b> Valved masks allow air to pass out of the mask unfiltered. They can spread virus from the person wearing the mask to others.	✗	✗	✗

Gaiters and bandanas are not acceptable face coverings in any setting.

Additional guidance about masking and PPE is available from Rutgers Biomedical and Health Sciences at <https://academichealth.rutgers.edu/hcp-resource-center#ppe> .

Individuals working in or passing through Robert Wood Johnson University Hospital also should be aware of the hospital's policy regarding PPE masking, extended use, and reuse. You can

review that policy [here](#). You should also be aware of the hospital policy on workplace attire, which includes a section on masks. That policy can be viewed [here](#).

### ***How to Get Fit Tested***

Fit testing is available through Employee Health by appointment only. Please call Employee Health at 732-235-6559 to arrange for an appointment.

### ***Additional PPE Guidelines***

**Eye protection** must be worn in all clinical areas. These may include face shields or goggles. Regular eyeglasses are not considered eye protection. Barriers that have been put up in the clinics at check-in desks do not substitute for eye protection. Please ensure that your reusable eye protection is labeled with your name.

**Do not wear gowns or gloves in common hallways.**

Correct and consistent use of hand hygiene, masks and eye protection in the clinical areas are our best defense against transmission.

